

**Recipes For The Endometriosis Diet By Levett, Carolyn
(2007)**

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Some studies suggest that frequent red meat and ham consumption is associated with endometriosis risk, while fruit and vegetable intake appears to be protective.

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Carolyn Levett is a previous sufferer of endometriosis, having healed with the support of diet and a great homoeopath. She now runs the Endometriosis Support website

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Author: Carolyn Levett; Publication Date: 2007-12-11; Publisher: Endo Resolved; Product Group: Book; Manufacturer: Endo Resolved; Recipes & Diet Advice for

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