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From California's Premier Yoga Retreat By Blanche
Agassy McCord**

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Blanche Agassy McCord is the head chef at She is also the author of THE EXPANDING LIGHT COOKBOOK: VEGETARIAN FAVORITES FROM CALIFORNIA'S PREMIER YOGA RETREAT and

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Diksha mccord (author of global kitchen) -

Diksha McCord is the author of Global Kitchen (4.60 avg rating, 5 ratings, 2 reviews, published 2003) and The Expanding Light Cookbook Diksha McCord s Followers.

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Blanche agassy mccord (author of global kitchen)

Blanche Agassy McCord is the author of The Expanding Light published 1999), Vegetarian Cooking for Starters; tour; Blanche Agassy McCord's Followers.

About diksha mccord - crystal clarity publishers -

(Blanche Agassy McCord) from premier California chefs. Diksha has been part of the Teaching staff at the Expanding Light Yoga and Meditation Retreat for

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I really loved this cookbook. The author claims that all of the recipes have been incredibly well-tested on literally thousands of guests at The Expanding Light yoga

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