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Agassy McCord**

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Blanche Agassy McCord is the head chef at She is also the author of THE EXPANDING LIGHT COOKBOOK: VEGETARIAN FAVORITES FROM CALIFORNIA'S PREMIER YOGA RETREAT and

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Diksha McCord is the author of Global Kitchen (4.60 avg rating, 5 ratings, 2 reviews, published 2003) and The Expanding Light Cookbook Diksha McCord's Followers.

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(Blanche Agassy McCord) from premier California chefs. Diksha has been part of the Teaching staff at the Expanding Light Yoga and Meditation Retreat for

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