

Your Fat Is Not Your Fault By Carol Simontacchi

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Carol Simontacchi obtained her She has authored numerous books and training courses including Your Fat is Not Your Fault, Carol earned her Master

Your fat is not your fault by carol n simontacchi

The reason you haven't yet beat the weight game, author Carol Simontacchi claims, is because you haven't been exposed to the real issues of poor weight management.

About carol simontacchi, books and publications by

Carol Simontacchi is a certified clinical nutritionist. She is the author of several books on nutrition, including Your Fat Is Not Your Fault.

Fifteen-six

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Carol Simontacchi is the author of a number of books on health and nutrition including "Your Fat Is Not Your Fault and "The Crazy Makers: How the Food Industry Is

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